



**THE BEACH HOUSE**  
*touch tranquility*

Praia da Rocha Beach Estate | Inhambane | Mozambique

# INTRODUCTION

## *Touch tranquility*

Nestled on the picturesque shores of Praia da Rocha, The Beach House is a haven of tranquillity and rustic chic.

The property's allure lies in its breathtaking sea views, private pool, and spacious, well-appointed accommodation. The air-conditioned holiday home boasts 5 bedrooms, 2 living rooms, and a fully equipped kitchen, providing ample space for families or groups of friends.

Hosted by Anita Foxcroft, The Beach House is a labour of love, designed to offer a serene escape from the hustle and bustle of everyday life. The gas braai area and expansive dining table create the perfect setting for communal gatherings and al fresco dining, while the patio offers a stunning view of the pool, ocean and dunes.





With direct access to the beach from the house, Praia da Rocha, a secluded and beautiful bay, invites guests to indulge in swimming, long beach walks, and various sea activities. For those seeking adventure, the village of Tofo, just a short drive away, offers a plethora of restaurants, activities, and world-class diving opportunities.



Anita and her family's deep connection to Mozambique imbues The Beach House with a sense of warmth and hospitality, ensuring that every guest leaves with cherished memories. Whether it's whale-watching during the winter months or simply basking in the sun-kissed shores, this property promises an unforgettable retreat.



# AMENITIES

*& features*

The Beach House in Inhambane offers a variety of amenities and features including:



Beachfront location with direct access to the beach



Spacious, comfortable & well-furnished rooms (sleeps up to 14 people)



Fully equipped kitchen and dining area



Towels and linen



Private swimming pool



Outdoor terrace and BBQ area



Air conditioning and ceiling fans



Daily housekeeping and laundry service



On-site parking



On-site (on the estate) caretaker/manager

Additional services that can be provided:



Airport transfer service



Grocery shopping and meal preparation services

These amenities and features provide guests with a comfortable and enjoyable beachfront holiday experience.

# ATTRACTIONS

*& activities*

- ✓ **Praia da Rocha beach** - Guests can relax on the beautiful sandy beach and enjoy swimming, sunbathing, beach volleyball, and water sports such as snorkelling and kayaking.
- ✓ **Inhambane City** - Visitors can explore the historic city of Inhambane, known for its colonial architecture, lively markets, and vibrant street life.
- ✓ **Tofo Beach** - A short drive from Praia da Rocha, Tofo Beach offers stunning white sand beaches, excellent surfing, and the opportunity to see whale sharks and manta rays while diving or snorkelling.
- ✓ **Inhambane Bay** - Guests can take a boat trip on the bay to explore the mangrove forests, spot dolphins, and visit pristine and secluded beaches.
- ✓ **Barra Beach** - This secluded beach is perfect for relaxation, swimming, and snorkelling, and is also a popular spot for kite surfing.
- ✓ **Ocean Safari and Whale Watching** - Visitors can take a boat trip to see humpback whales during the migration season (June to October) or book an ocean safari to see dolphins, turtles, and other marine life.



**Local Markets and Cultural Tours** - Guests can visit local markets, meet artisans, and learn about the culture and traditions of the local communities.



**Sunset Cruises** - Enjoy a relaxing sunset cruise on the bay, admiring the stunning views and sipping on cocktails.



**Dhow Sailing** - Take a traditional dhow sailing trip to explore the coastline and islands, enjoying the peaceful and picturesque surroundings.



**Deep-Sea Fishing** - Fishing enthusiasts can book a deep-sea fishing excursion to try their luck at catching marlin, sailfish, and other big game fish.



**Indulge in local cuisine** at the great restaurants in Tofo and Barra Beach





# DIVING *activity*

Tofo and Inhambane, are renowned for their spectacular diving opportunities. The area is known for its diverse marine life, including manta rays, whale sharks, humpback whales, and an abundance of colourful reef fish.

Tofo is famous for its manta ray and whale shark sightings, and there are several dive sites where you can encounter these majestic creatures. Inhambane also offers excellent diving opportunities, with pristine coral reefs and the chance to see an array of marine life. The warm, clear waters of Tofo and Inhambane make them ideal for both beginner and experienced divers, and there are numerous dive operators in the area offering guided dives, equipment rentals, and certification courses.

Additionally, Tofo and Inhambane are also popular for diving with the opportunity to explore shipwrecks, caves, and underwater canyons, making it an exciting destination for adventurous divers. Overall, Tofo and Inhambane offer a truly unforgettable diving experience, with the chance to see some of the most incredible marine life in the world.

# TECHNICAL

Information

Situated **18km** from the town of **Inhambane** and 18 km from Tofo Beach along the southern coast of **Mozambique, Praia da Rocha Beach Estate** is the only guarded residential estate in the area, facing a magnificent and secluded bay with a stunning, untouched shoreline as far as the eye can see. The last 3 km to Praia da Rocha is only **accessible by 4x4**, ensuring that the estate remains exclusive.

 **14**

max 8 adults  
& 6 children

 **5**  **3**  **4**



## Spacious, comfortable & well-furnished rooms (sleeps up to 14 people)

- 8 adults and 6 children in 3 king bedrooms
- 1 family room with king and a bunk bed for two children
- 1 kids room with 2 bunkbeds for 4 children



## Distances

Inhambane Airport	13km - 25 min drive
Inhambane Town	18km - 30 min drive
Yum Yum Superette	7km - 15 min drive
Mr Fresh SuperSave Spar	8km - 20 min drive
Tofo Beach	18km - 30 min drive
Barra Beach	15km - 30 min drive



1. <https://praiadarochabeachestate.com>
2. <https://thebeachhouse.co.mz>



**Check in:** from 12pm  
**Check out:** 10am



## Estate Management

Manager - Martinho Ambrosio - +258 87 712 2874 / +258 84 803 0016  
Maintenance Manager - Paul van den Bergen - +258 87 540 5106



## Emergency services

Tofo Police Station	+258 86 907 4852 / +258 84 6703133
Inhambane Police Station	+258 29 321 347
Maritime Police Tofo	+258 84 724 2203
Medical Nurse Tofo	+258 84 724 2203
Fire Department Inhambane	F+258 84 515 6603
Inhambane Hospital	open 24 hours





# RESTUARANTS *in & around* TOFO & BARRA BEACH

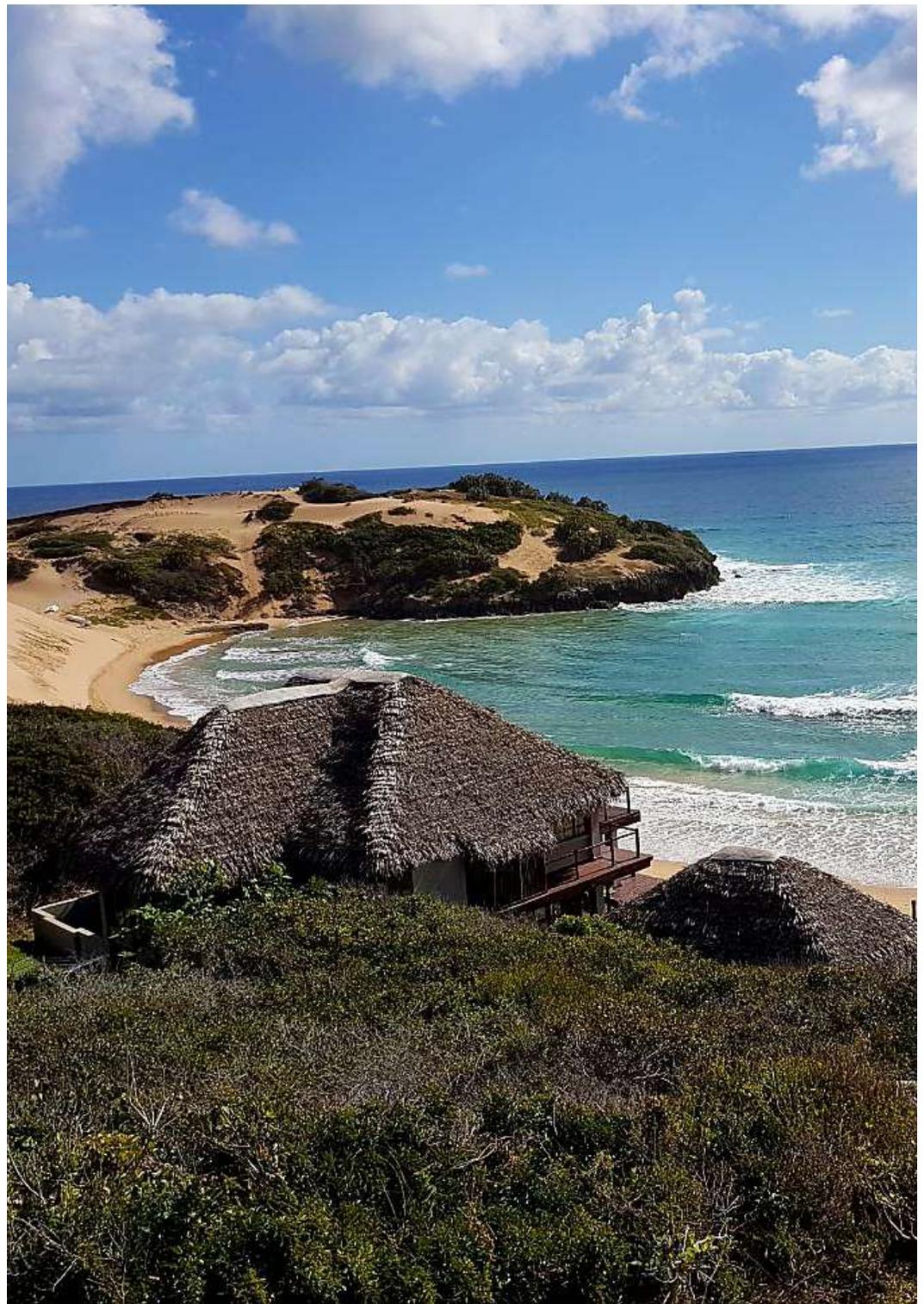
- **Brankos:** (Tofo market barakas) - for searing hot tuna cook-your-own tuna plate or home-made pizza with a local ice-cold beer
- **23 Degrees South @ Tofo Scuba:** (Tofo Beach) - for beach cocktails and vegan options with your feet in the sand
- **Casa na Praia:** (Tofo Beach) - for beach cocktails with your feet in the sand
- **C-Mew:** (Tofinho Beach Point) - for a local beer and view of Backdoor Beach
- **Dathonga:** (Tofo market) - for falafel wraps, local art gallery and Sunday night live music
- **Happi:** (Tofo Beach) - day-time hours only for fresh vegetarian food, pop-up dinner specials and outdoor cinema
- **Mango Beach:** (Tofo Beach) - best snorkeling from the shore (only on incoming and outgoing tides), eco lodge, great sunset view away from crowds, 4x4 only
- **Mozambeat:** (Top of the Tofinho hill) - for cocktails by the pool, local stuffed crab and Friday night parties
- **Sunset Lodge:** (Barra) - set on a hill looking over the estuary for great sunset views and local beer, all-wheel drive only
- **Tofo Tofo:** (top of Tofo market) - for local dishes, gift shop and Tuesday live music with buffet
- **What You Want:** (top of Tofo market) - for Italian dishes
- **Eclectic Beach Retreat:** (Barra) - fine dining on the beach with infinity pool
- **Green Turtle:** (Praia do Barra) - fine dining
- **Sentidos Beach Retreat:** (Praia do Barra) - for sunset view and seafood platter
- **Sumis Japanese:** (Tofo village) - authentic sushi and fun sophisticated vibe

# BEACH HOUSE RULES

*and requirements*

The Beach House  
Stand 26  
Praia Da Rocha

- 1 No smoking inside the house
- 2 No open fires of any kind in Praia da Rocha
- 3 Towels to be hung outside on the line or railings to dry
- 4 Please wash off all sand in the foot bath at the bottom of the steps before entering the pool
- 5 No glasses or bottles in the swimming pool
- 6 Please bring all cushions, fabric chairs and towels inside if it rains
- 7 Please do not sit on any furniture with wet costumes or wet towels
- 8 Please keep couches covered with throws and dirty hands and feet off the white furniture
- 9 Geronimo works Monday to Saturday, but will work on Sunday if requested at an extra cost
- 10 If you would like to leave a gratuity, a guideline is roughly R100.00 to R150.00 per day
- 11 Geronimo can be asked to clean your boat, fish, carry canoes/paddle skis/cooler boxes etc. down to the beach
- 12 If you have any problem communicating with Geronimo, the estate managers will assist
- 13 Aircons must be switched off when not in use
- 14 There are fire extinguishers in all the rooms and kitchen as well as a fire reel next to the pool. Please make sure everyone knows where they are and how they work
- 15 There are spare gas bottles for all gas appliances
- 16 Please report any breakages to Geronimo and to your booking agents
- 17 Keys must be obtained from the gatehouse if you arrive after hours or alternatively from Geronimo during normal hours at the house
- 18 On departure keys must be left with Geronimo or at the gatehouse
- 19 If you are launching a boat off the beach please discuss this with the estate managers beforehand
- 20 Please avoid buying any seafood from the locals selling on the beach. This is to prevent overfishing and to discourage fishermen coming onto the estate. Discuss with management and they will arrange it for you with the local fisherman. Alternatively seafood can be bought in Tofo
- 21 Switch off the gas for the braai at the gas bottle when not in use
- 22 Use lighters or matches to light the gas braai/hob as the ignitors do not always work
- 23 The estate management are available to assist should you encounter any problems.



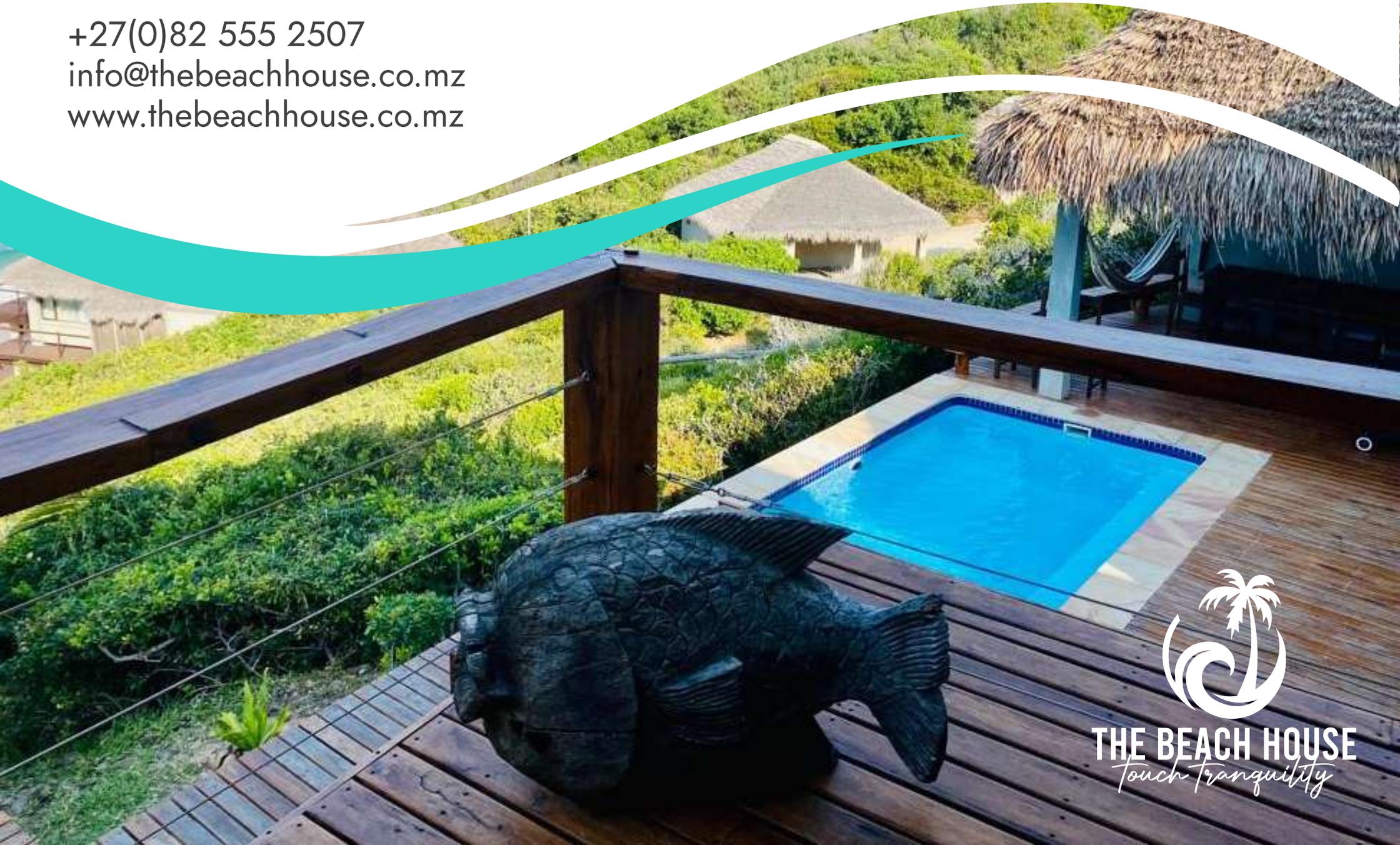
# CONTACT DETAILS

*get in touch*

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